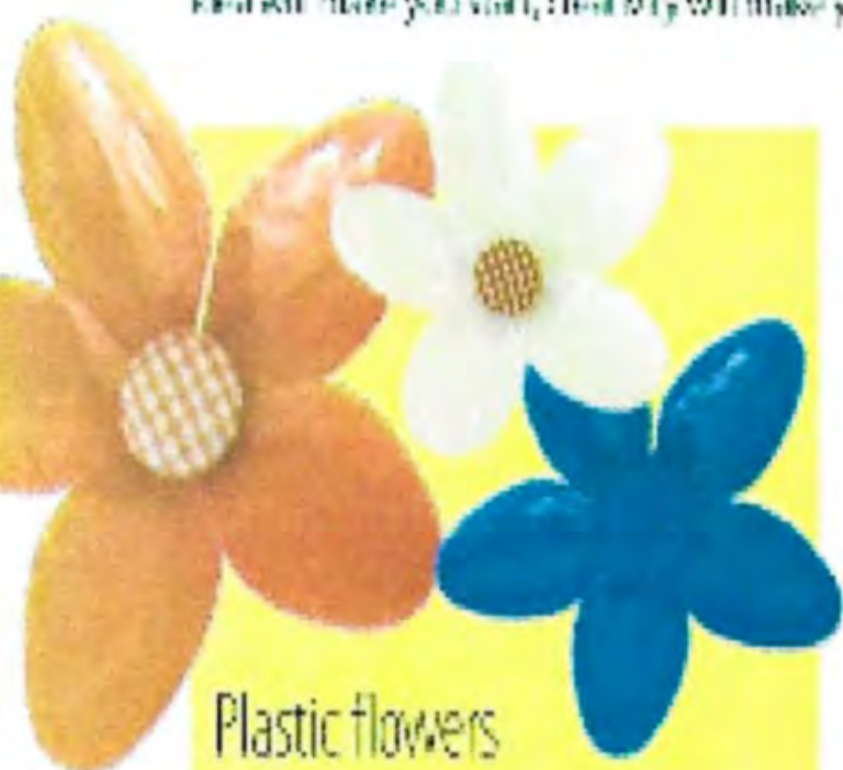


# KIDS, GET CRAFTY

According to studies, 98% of children aged five are highly creative, but that figure falls to just 2% by their mid-twenties. What happened between the ages of five and 25? As parents, we have a responsibility to stimulate our children more. Here are some great arts and crafts ideas you can easily do with your kids!

We've asked Annie Lewis, our DIY expert and author of *From Grab to Fab* to show us how to do some simple things with your children this holiday without the burden of spending a lot of money. "These ideas are just guidelines to help get your creative juices flowing. Take the simple techniques and apply them to your own ideas. Be brave and think outside the box. As someone once said, 'An idea will make you start, creativity will make you finish it,'" says Annie.



## Plastic flowers

Remember, parents, if your kid hasn't used a glue gun before, stay close by to assist to avoid burnt fingers and blisters!

### Recycled items

- Plastic spoons
- Buttons/pom-poms
- Small, round, hard cardboard piece about the size of a 5p coin (this will form the base of the flower)

### Also needed

- Glue gun
- Scissors

### Method

1. Strip the heads off five plastic spoons at the neck to make one flower.
2. Using the glue gun, place a lot of glue on the round cardboard. Start to arrange the petals to form a daisy-like flower. You will need to work quickly before the glue cools down.
3. Place a button or pom-pom in the middle to form the centre of the flower.

## Cover old plastic bangles

### Recycled items

- Plastic/wooden bangles (all sizes and shapes can work)
- Pieces of colourful fabric (cut or tear them into long thin pieces)
- Leftover string

### Also needed

- Fabric glue
- Scissors

### Method

1. Cover the bangles with the string or the torn or cut fabric pieces by coiling them around the bangles.
2. Fasten them with fabric glue.



## Pom-pom worms

### Recycled items

- Wooden pegs
- Pom-poms or buttons (all sizes)
- Pins for eyes

### Also needed

- Craft glue

### Method

1. Decide how you want to decorate your wooden peg by placing the pom-poms on the peg.
2. When you are happy with your layout, start to glue the pom-poms onto the peg with the craft glue. Allow to dry before you decorate the eyes.
3. Use your woolly worms to decorate a card or paperwork, or use as a magnet on the fridge.
4. If you use it as a fridge magnet, paste a magnetic disk to the wooden peg.



Annie is an expert from *From Grab to Fab* who currently lives in London with her husband and children. To get her masterclass with you, send an email to [Annie@houseofannie.net](mailto:Annie@houseofannie.net).