

### recycled items:

- Old paperback books
- PVA glue or wall paper glue

### also needed:

- Deep, round bowl (first mould)
- Tall, round glass vase (second mould)
- Basin filled with water
- Clingfilm
- Plate
- Small brushes
- Sponge brushes
- Varnish or acrylic paint (food-safe variety)



Mould 1

**1** Protect the working surface with plastic or an oil cloth (easy to clean). Wear an apron to protect your clothes (newspaper mixed with glue can stain clothes).

**2** Tearing the paper, rather than cutting it, allows for smooth seams. Use 5 cm-wide strips for larger objects and 2 cm-wide strips for smaller objects.

**3** Almost any object can be used as a mould for papier-mâché. Round objects are easier to cover. Coat the surface of the mould with cling film. This will prevent the papier-mâché from sticking to the mould and allowing it to be removed easily when dry.

**4** Pour some glue into a plate and, using a paintbrush, start to paint glue on both sides of the paper strips - or simply dip the paper in the glue. Remove any excess glue with your fingers.

**5** Lay the strips individually on the mould from one side of the mould to the other, until the entire mould is covered. It is important to remove any air bubbles and excess glue. Do this by gently pressing the glue paper against the surface of the object, always moving from the middle outwards. Repeat the process 6-8 times to complete.

**6** Leave to dry (this will take 6-8 hours). Tap it to check whether it is properly dry; it should sound hollow.

**7** Trim away the raw edges around the mould using a pair of scissors or a craft knife.

**8** Use a blunt knife to gently pry the paper away from the mould.

**9** The mould is now ready.



Mould 2

**1** Starting with the first mould (the round bowl), follow steps 1-9 of the papier-mâché technique described above.

**2** Cover the second mould (the glass vase) with clingfilm and place it upside down on the work surface.

**3** Submerge the papier-mâché bowl you've made in the basin of water for about 5 minutes. Be careful not to leave it in longer as it will become too soft and will tear easily.

**4** Drape the papier-mâché bowl over the second mould.

**5** The bowl will take on a new shape. Leave it to dry for about 48 hours.

**6** Using a sponge brush, paint the bowl with varnish or acrylic paint.

**7** Display your newly decorated bowl. **CH**



# Papier-mâché BOWLS

THE BEAUTY OF THIS BOWL IS THAT ITS FINAL FORM IS SO UNPREDICTABLE AND UNIQUE. EACH ONE CAN HAVE A DIFFERENT SHAPE. YOU COULD MAKE A TAILOR-MADE GIFT FOR EVERY FAMILY MEMBER USING THIS METHOD.

KUNSVILT 3 JUDGE



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